



## My story

Life's trials and my mother's illness led me on a journey of self-discovery through practicing yoga, studying Indian culture, and transitioning to studying the Akashic Records with Christian (Christ's) messages. With my mother's departure from her physical body, I experienced a spiritual transformation in November 1990 and entered into expanded Cosmic Consciousness. I received the spiritual name AmaRa.

In my current body, I spent 35 years preparing for conscious earthly existence, which I established in 1990. In the first years of transition to expanded Consciousness, the experience of myself and everything that came into my life was somehow foreign, separate from my new conscious experience of myself and the world. I began to see more (auras/etheric levels), hear the inaudible (people's thoughts, messages from animals, plants, and stones), perceive events outside of time constraints (energy records of Space), experience and accept complete connectedness (connection with the Being of Planet Earth), and act very, very differently. I recognized and accepted my mission on Planet Earth!

I spent three intense years at the "School of Consciousness." I had to get used to my "new self" and learn to recognize different levels of existence, both in myself and in others. My three children, whom I am a mother to in this life on Earth, responded well to my new circumstances.

In my work and research into the etheric levels, I used dowsing and bioenergy techniques until 1990, when I abandoned them in favor of direct knowledge. I still work with the language of symbols and cosmograms, which are images of the movement of the cosmic ether. I have developed higher sensory perceptions with which I recognize energies. I am a researcher of spiritual science with the aim of revealing spiritual laws and their manifestations in the dimension of Life

I consciously participate in the creation and establishment of the New Earth, thus fulfilling my mission as a Teacher-Healer. I experience particular fulfillment by anchoring the feminine principle on Planet Earth and by learning and implementing the principles of harmonious living here and now.

I have incarnated several times on Planet Earth, but my original home is the Pleiades constellation. I have incarnated several times on Planet Earth, but my original home is the Pleiades constellation.

**I am joyful because I can be with you and share with you the TRUTH that sets you free**